Warrnambool Running Festival

EVENT INFORMATION

Who can enter?
To enter the Warrnambool Running Festival, 21km and 12km events you must be a minimum of 16 years. The minimum age for the 6km events is 6 years of age however we strongly encourage that children under 10 years are accompanied by an adult.

Will there be water/aid stations?
There will be support stations located throughout each course.
21km: 4km, 10km, 14km, 19km
12km: 4km, 9km
6km: 3km

Will ambulance / first aid be available?
First aid will be provided on site by The Ocean Road Health Group, competitors are advised to have up to date ambulance cover as Warrnambool Running Festival will not be responsible for any costs incurred if a participant requires further ambulance or medical care.

When and where can I collect my race bib?
Bibs can be collected from Warrnambool Visitor Information Centre, Flagstaff Hill Maritime Village - located at 89 Merri Street.

- Saturday 15th September, 10am until 2pm.
- Race Day at the Registration Area, located at Flagstaff Hill.

CANCELLATION
In the case of forced cancellation of the Warrnambool Running Festival, due to extreme weather or unforeseen circumstances there will be a 50% refund. A decision like this would generally occur close to race date, at which point a considerable amount of funds would have gone towards the many areas involved in hosting such an event. No responsibility is taken by Warrnambool Running Festival for lost travel/accommodation costs in this instance.

Where can I park?
Car parking is available at Flagstaff Hill, which is within easy walking distance to the Start/Finish line. Parking is also available at nearby Cannon Hill, Lake Pertobe and surrounding streets.

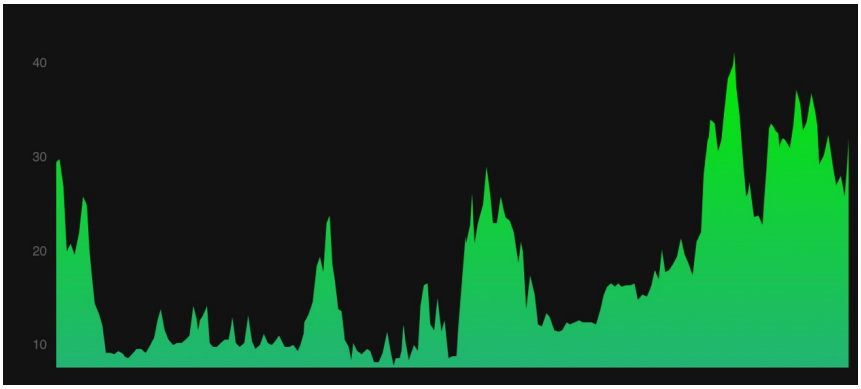
Will there be a gear storage area?
This will be provided near the start/finish line. Warrnambool Running Festival assumes no responsibility for lost or damaged items.

What happens if I injure myself during the race and need to withdraw?
Any injured runner should be assisted to the nearest aid station by fellow competitors. Competitors unable to continue need to alert marshals at the checkpoint and race coordinator to be notified. There will be first aid officers on course to assist with any and all injuries.

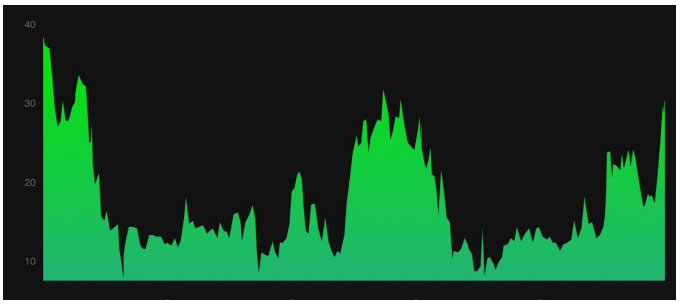
Is the event insured?
Participants should note that public liability insurance exists for this event, however it does not cover individual medical, ambulance cover or rescue costs. This cost is the responsibility of individual competitors. Again, it is recommended to update your ambulance cover.

Can I use my iPod / music device?
iPods / music devices are prohibited for all events. Runners need to be aware of their surroundings at all times on the course. We do however encourage runners to carry their phones and capture the beautiful images and scenery that will present itself to you along the journey!

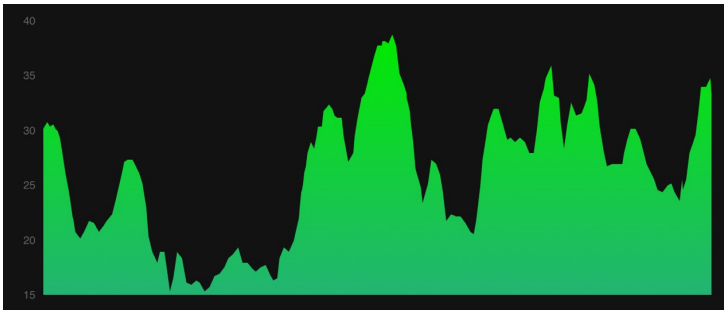
Course Maps and Elevations
Half Marathon (21.1km)



12km (12.3km)



6km (5.8km)



All courses have been measured using GPS technology.
The course will be marked, and all efforts will be made to make it easy to follow.
Track surfaces will vary significantly throughout the course to include bitumen road, concrete path, grass, loose rocky trail, sand, tree roots, trail and everything in between.
The variation in terrain as well as the wonderful scenery is what makes this event so special.

How can I stay up to date with event information?
Please follow our Facebook 'Warrnambool Running Festival' page to keep up to date on all event details.

Can I get a refund or transfer my entry?
No refund will be given to runners who withdraw prior to the event.
Entries may be transferred from one event to another, if an entrant wishes to transfer down in distance the difference in price will not be reimbursed. Should an entrant wish to transfer up to a higher distance then the participant will be required to pay the difference.
Should a participant wish to transfer their entry to another entrant, a transfer fee of $10 will be charged.

Where can I view results?
Race results will be available post-race through the event timing company. Links to their website will be posted on the Warrnambool Running Festival Facebook page.

Will there be any road crossings?
There will be road crossings during the event. Traffic management will be in place at all road crossings. Please obey instructions and be vigilant at all times. Runners must give way to traffic when in doubt!

Safety / Race Etiquette
Please respect all fellow runners, course marshals and volunteers. Slower runners please allow fellow competitors to pass where safe.

Are there toilets on the course?
There are public toilets available on the 21km and 12km courses. There are also 4 separate toilet locations situated within Flagstaff Hill.
21km: 13km, 14km, 15km
12km: 8km, 9km, 10km

Do I wear a timing chip?
Runner's times will be recorded using timing chip technology located on their bib.

TIMETABLE OF EVENTS
21km – 8.00am (race briefing 7:50am)
6km Walk – 8.00am (race briefing 7.50am)
12km Run – 8.15am (race briefing 8.05am)
6km – 8.35am (race briefing 8.25am)

Please note that all race start times have been scheduled to minimise any competitor disturbance due to the railway crossing at the Merri Street/Flume car park. Adequate time has been allowed for the majority of competitors to complete their race without any interruption.

- Warrnambool/Melbourne – 7.37am & 11.47am
- Melbourne/Warrnambool – 10.47am

Entry Prices:
Warrnambool Athletics Club members will receive an early bird fee for the duration of registration. Entries for all categories will close at 7pm the evening before the event.

- 21km run – Early bird $45 - $55 as of 1st August
- 12km run – Early bird $35 - $45 as of 1st August
- 6km run – Early bird $15 - $20 as of 1st August
- 6km walk – Early bird $10 - $15 as of 1st August

Race Records:
As an incentive for the first male & female in the 21km event, the Warrnambool Running Festival will offer a $100 cash bonus for breaking the course record. Should the existing record remain, the prize pool will jackpot the following year. Once the course record has been broken the prize pool will reset to the initial $100 offering.
Current race records;
Male: 72.24 (2018 – Thomas Hynes)
Female: 91.57 (2018 – Rachel Ayres)

Presentations – Medals & Prizes:
Will commence for all events at 10.30am in the Wharf Theatre.
All competitors in each event will receive a finisher medal.
The first three placing's for male & female in each event will be awarded a medal.
The first male & female finisher in each of the run events will be awarded a prize.
There will be no prizes awarded for the walk event.

ATM:
There is an ATM located in the Visitor Information Centre at Flagstaff Hill.

Refreshments:
Food and beverage will be available at the start/finish area.
A beer or wine after your race – YES PLEASE!
Tunes – Hell yeah!
A jumping castle… Maybe in 2020!

Waiver:
A legal requirement for all participants is the signing of the Warrnambool Running Festival insurance waiver. It is essential that this be read in full prior to the event. Your understanding of the waiver will be acknowledged when registering online.

Happy Running & Enjoy!

Ash Ansell
Race Director
PH: 0405 759 012